



Mayo Clinic Health System in Springfield

5K FUN RUN/WALK



Join us for a fun day for the whole family at the Mayo Clinic Health System 5K Fun Run/Walk during Springfield Riverside Days. Pre-registration is encouraged as shirt supplies are limited. This is not a qualified race.

Saturday, June 29

7 a.m. Same day registrations

8 a.m. Run/walk begins

Springfield Area Community Center
Parking Lot

Special thanks to the Springfield Community Wellness Team and Brown County Dairy Association for their contributions to the event.

5K FUN RUN/WALK REGISTRATION FORM

Free and open to the community. Complete one form per entrant.

Entrant name _____

Address _____

City/State/Zip _____

Are you age 18 or over? Yes No

Event 5K run (8 a.m.) 5K walk (8:05 a.m.)

T-shirt *Supplies are limited in all sizes. T-shirts will be available at the time of registration.*

Small Medium Large
 XL 2XL Youth M

Waiver

In consideration of accepting this entry, I waive and release any and all rights and claims for damages I may have against the Riverside Days Fun Run sponsors or for any and all injuries suffered by me in said competition. I also give my permission for the free use of my name and/or pictures for publicity.

Entrant signature _____

Parent or guardian signature _____

For entrants under 18

Send signed release and registration to:

Mayo Clinic Health System
Fun Run/Walk
P.O. Box 146
Springfield, MN 56087

or drop off at:

Mayo Clinic Health System
625 N. Jackson Avenue
Springfield